

Men's Group Coaching Agreement & Informed Consent

Welcome! This agreement is intended to make sure we have a shared understanding of what this group is, what it isn't, and what is expected of everyone who participates.

1. What This Group Is

This is a men's coaching group focused on personal growth, recovery principles, relationships, boundaries, faith, responsibility, habits, purpose, and emotional well-being. Group coaching may include teaching, discussion, questions, goal-setting, accountability, and sharing personal experiences.

2. Coaching Is Not Therapy

I understand that group coaching is **not psychotherapy, counseling, medical care, addiction treatment, or another licensed mental-health service**. Josh Simcosky is serving as a coach and group facilitator, not as my therapist, physician, or other licensed healthcare provider. If I need professional medical, psychiatric, psychological, substance-use, or other clinical treatment, I am responsible for seeking an appropriately qualified professional.

3. I Am Responsible for My Decisions

Coaching may help me consider different perspectives, ask questions, identify patterns, establish goals, and make decisions. I understand that **I remain responsible for my own choices, actions, relationships, health, safety, and outcomes**. Participation in coaching does not guarantee any particular result.

4. Confidentiality

Personal stories and information shared by other participants should remain within the group. I agree not to share, record, post, or distribute another participant's personal information or story without his permission. Because this is a group setting, I understand that **confidentiality cannot be absolutely guaranteed** by the facilitator.

5. Respectful Participation

I agree to treat other participants respectfully and allow them to make their own decisions. I understand that participation in individual conversations is voluntary and that I may choose how much personal information I want to share. Disruptive, threatening, abusive, or inappropriate behavior may result in removal from the group.

6. Emergencies and Safety

This coaching group is **not a crisis or emergency service** and should not be used as a substitute for appropriate professional or emergency care. If I believe that I or someone else is in immediate danger, I understand that I should contact emergency services or an appropriate crisis resource rather than relying on the group or facilitator.

7. Faith-Based Content

I understand that this group may include discussion of Christian faith, Scripture, prayer, and biblical principles as they relate to recovery and personal growth. Participation does not require me to agree with every viewpoint expressed by the facilitator or other group members.

8. Meetings and Technology

Group meetings may be conducted virtually. I am responsible for participating from a reasonably private location when possible and for protecting the privacy of other participants. I will not audio-record, video-record, screenshot, livestream, or otherwise reproduce a group meeting without permission.

9. Membership and Payment

I understand the membership price and billing terms presented to me when I enroll. Membership may be canceled according to the cancellation terms provided at enrollment. Canceling membership ends future participation and does not automatically entitle me to refunds for previous payments or meetings.

10. Voluntary Participation

My participation is voluntary. I may discontinue coaching at any time. The facilitator may also end or pause my participation if the group is no longer an appropriate fit or if my participation negatively affects the safety, privacy, or purpose of the group.

11. Acknowledgment

By signing or electronically accepting this agreement, I confirm that I have read and understand this agreement. I understand the nature and limitations of group coaching, agree to the group's confidentiality and participation expectations, and voluntarily choose to participate.

Participant Name

Signature

Date
